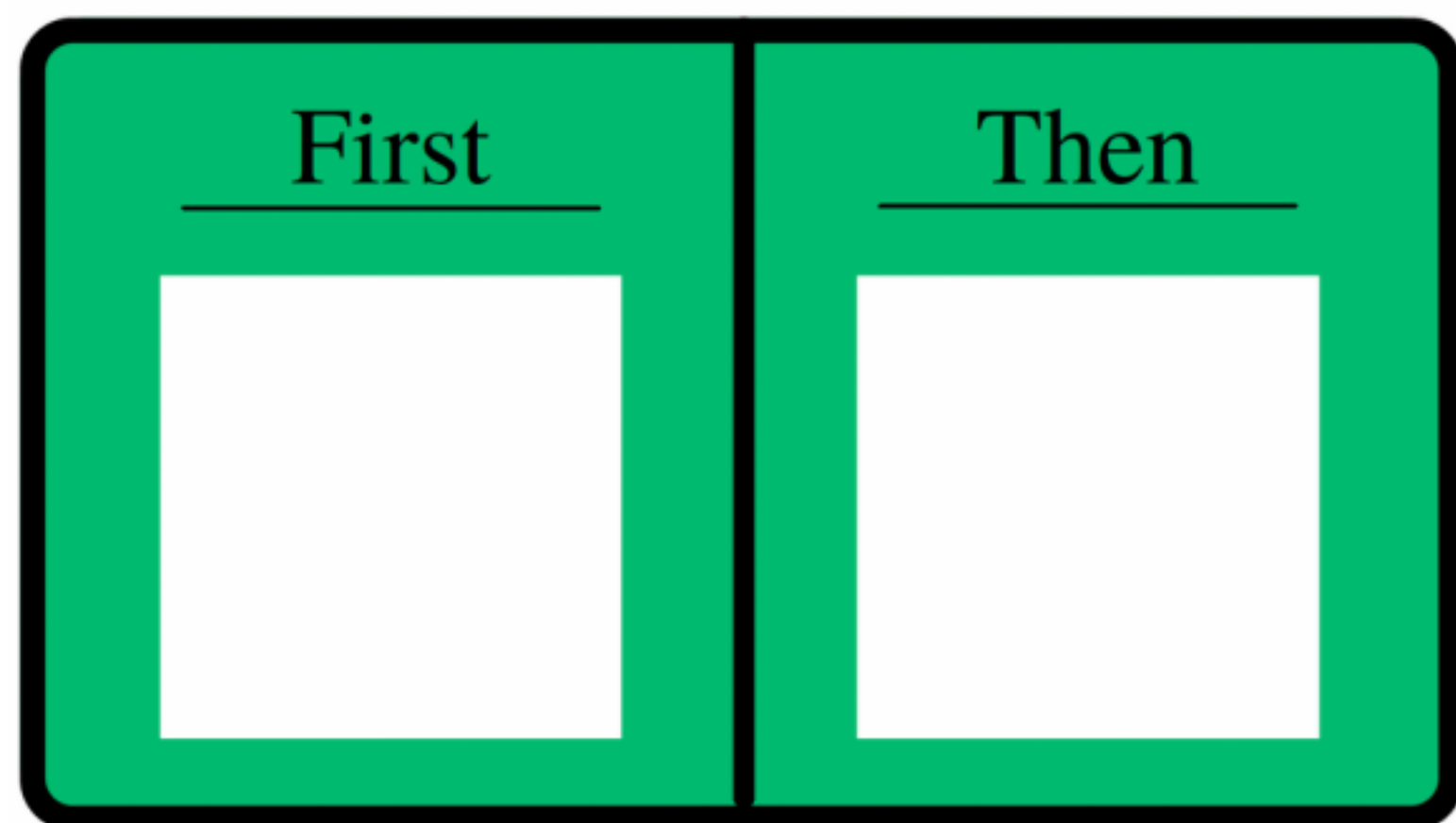


**My Visit to the**  
**Children's Garden at**  
**The Morton**  
**Arboretum**

I will be visiting the **Children's Garden** at The Morton Arboretum. I am going to **play outside** and **explore nature**.



I can borrow a **Sensory Bag** at the Visitor Center or by asking someone who wears a name tag. **The Sensory Bag has headphones, fidget tools, and other things I can use to feel calm if I am overwhelmed in the Children's Garden.**



When I arrive, someone who **works or volunteers** at the Children's Garden may **welcome my group at the entrance**. If I need help or get separated from my group, I can ask someone with a **name tag** for help.



I can look at the **map** of the Children's Garden or use the **activity choice board** in the Sensory Bag to help me decide where I want to go.



**Some parts of the Children's Garden may be closed for winter. That is okay, I still have much to explore.**



**While exploring the Children's Garden, I can walk on different surfaces of the ground, like sidewalk, boardwalk, wood chips, stairs, and snow.**



**If there is snow on the ground, I can look for animal tracks. I can try to guess what animals might have left the tracks.**





I can go down slides and climb tree roots. I can wait for my turn if other children want to use the slide, too.



I can **use the bathrooms** in the Children's Garden. They are located right by the picnic tables.



I can **see water bubbling** in the middle of the pond. Maybe I will **see a squirrel or a bird** having a sip of water.



If I get **hungry**, I can **have a snack and warm up** in the **Visitor Center** or go to the **picnic area**.



If I need a break, I can find a quieter area of the Children's Garden and rest on a bench. I can use my headphones or other calming tools.



When my **visit is over**, I will **leave** the Children's Garden with my group and **return my Sensory Bag** to someone with a name tag. I had a **great day exploring nature!** Knowing what to expect made my visit **fun and easy.**

