

My Visit to the
Children's Garden at
The Morton
Arboretum

I will be visiting the **Children's Garden** at **The Morton Arboretum**. I am going to **play outside** and **explore nature**.












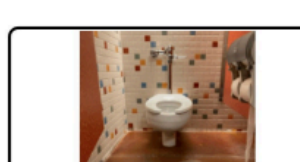
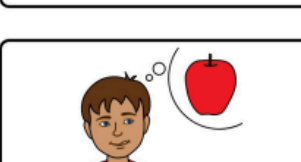
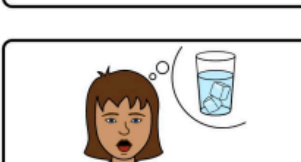

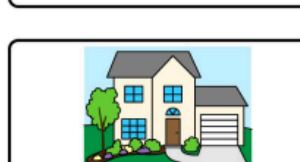


I can borrow a **Sensory Bag** at the Visitor Center or by asking someone who wears a name tag. The **Sensory Bag** has headphones, fidget tools, and other things I can use to feel calm if I am overwhelmed in the Children's Garden.



<u>First</u> 	<u>Then</u>
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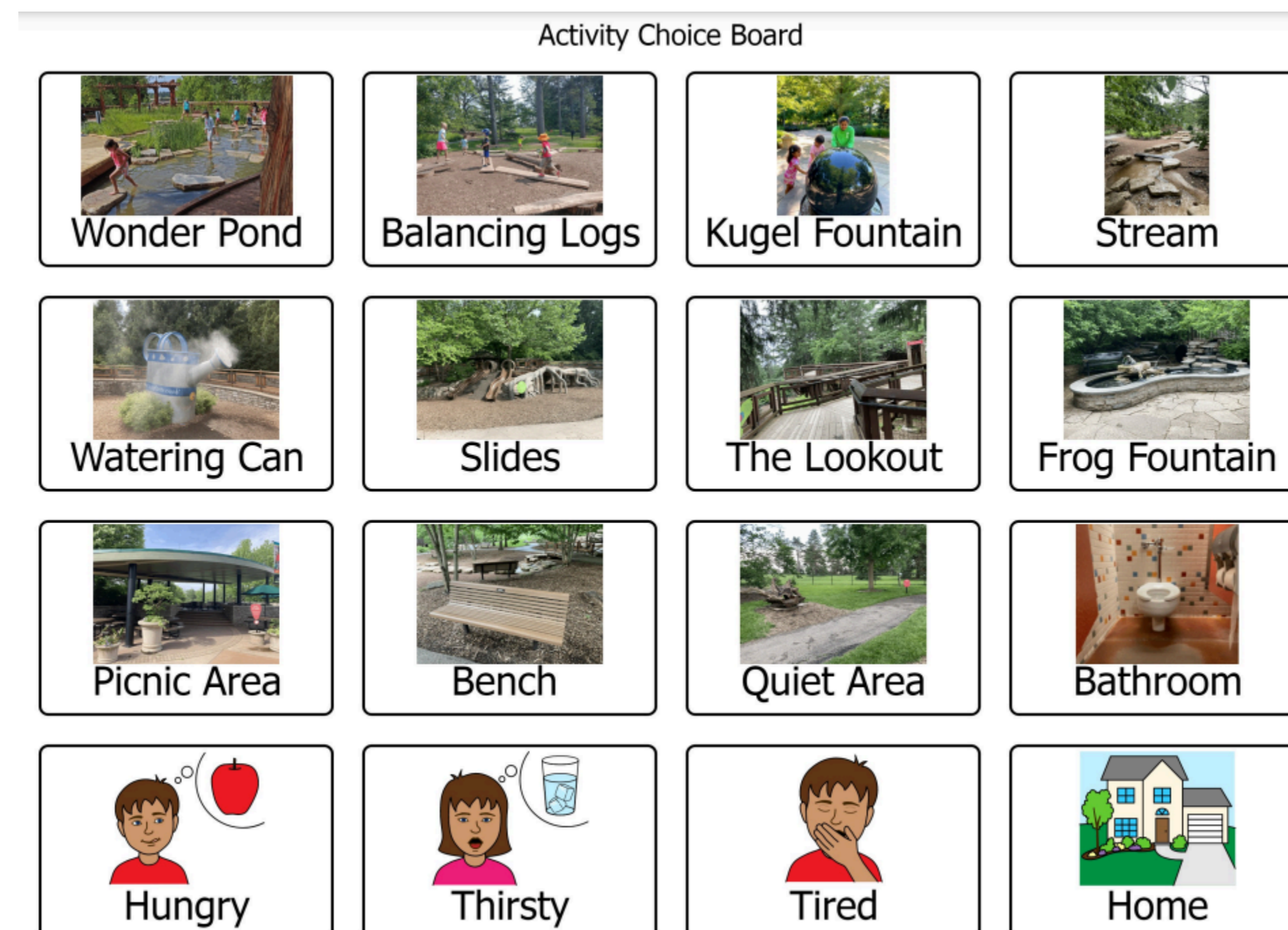
Activity Choice Board

 Wonder Pond	 Balancing Logs	 Kugel Fountain	 Stream
 Watering Can	 Slides	 The Lookout	 Frog Fountain
 Picnic Area	 Bench	 Quiet Area	 Bathroom
 Hungry	 Thirsty	 Tired	 Home

When I arrive, someone who **works or volunteers** at the Children's Garden may **welcome my group at the entrance**. If I need help or get separated from my group, I can ask someone with a **name tag** for help.



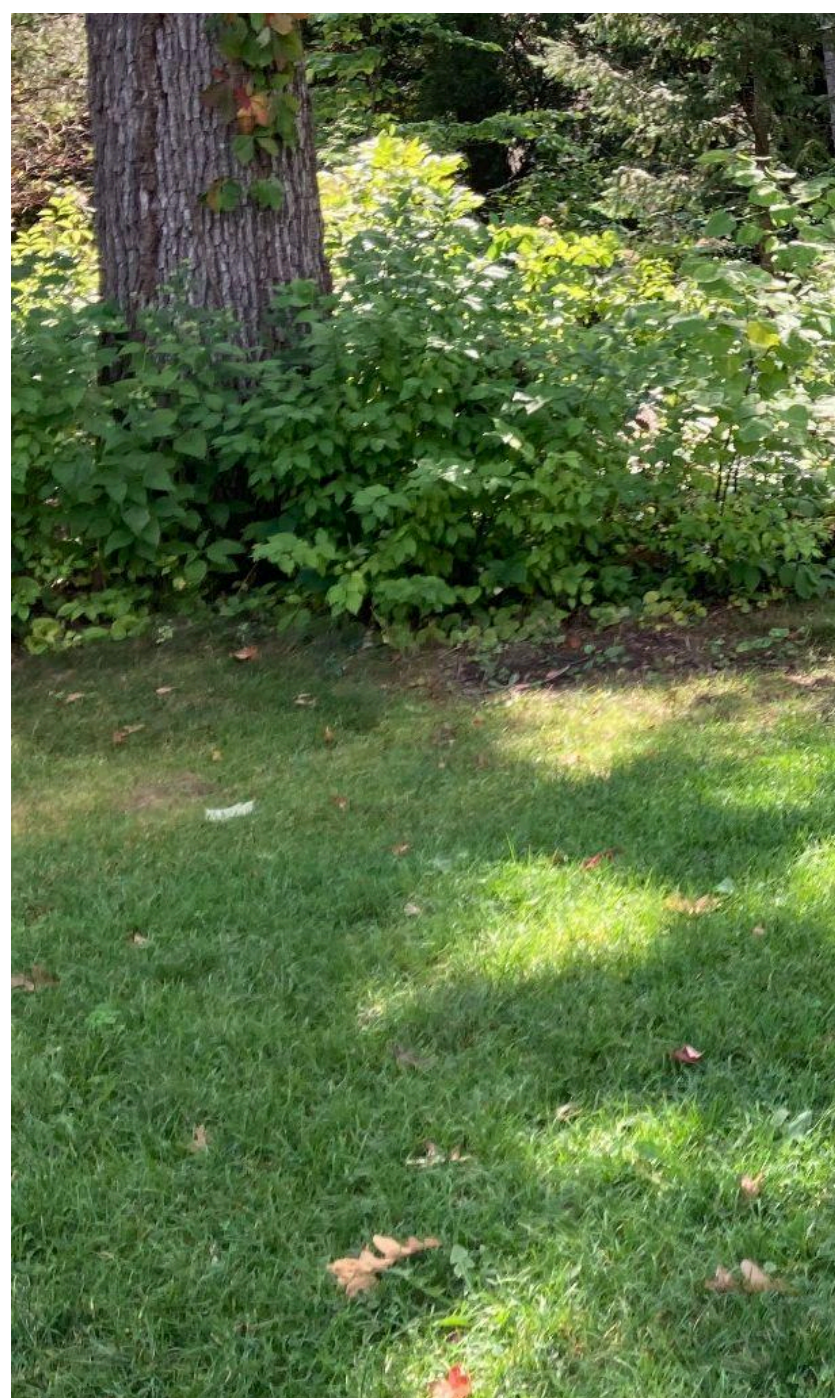
I can look at the **map** of the Children's Garden or use the **activity choice board** in the Sensory Bag to help me decide where I want to go.



One of the first things I will see is a **large marble ball** with water running down the sides. I can **touch** this ball if I want to **feel the cool water on my hands.**



While exploring the Children's Garden, I can walk on different surfaces of the ground, like grass, sidewalk, boardwalk, wood chips, and water.



The Children's Garden has more areas where I can feel the water with my hands or feet. Other children may be playing here, as well. I can join them or I can wait until it's quieter.



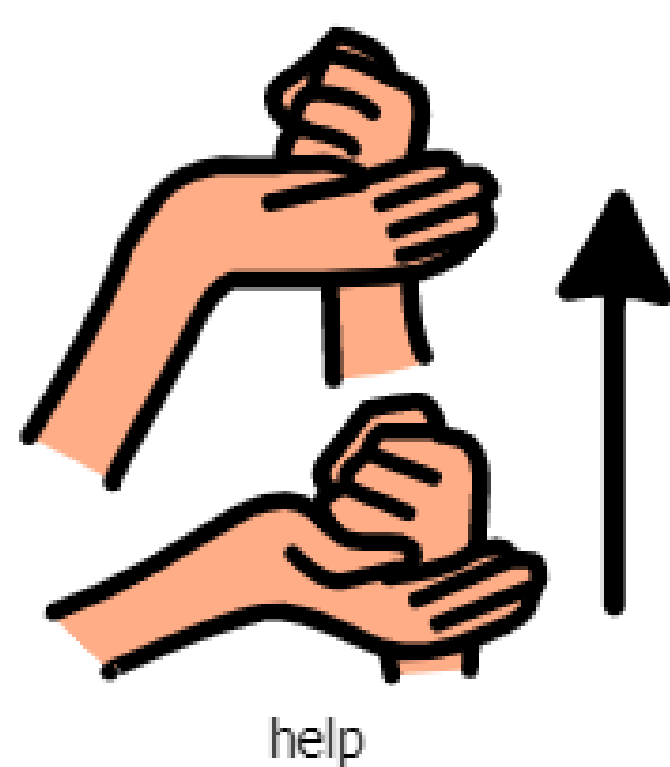
I can go down slides and climb tree roots. I can wait for my turn if other children want to use the slide, too.



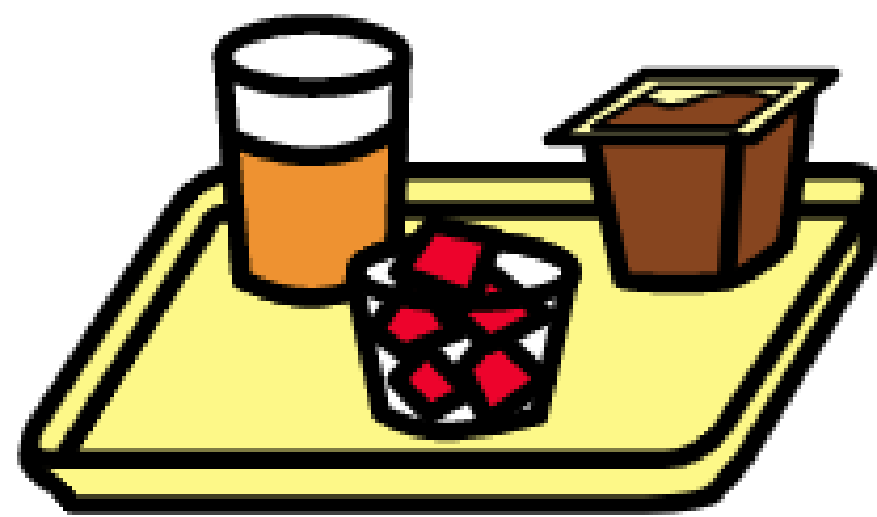
I can **use the bathrooms** in the Children's Garden. They are located right by the picnic tables.



I can **balance** myself on large planks. I can try to **move the logs myself** or **ask for help** if they are too heavy.



If I get **hungry**, I can **have a snack** in the picnic area or the **Visitor's Center**.



snack



If I need a break, I can find a quieter area of the Children's Garden and rest on a bench. I can use my headphones or other calming tools.



When my **visit is over**, I will **leave** the **Children's Garden** with my group and **return** my **Sensory Bag** to someone with a name tag. I had a great day exploring nature! Knowing what to expect made my visit **fun** and **easy**.

