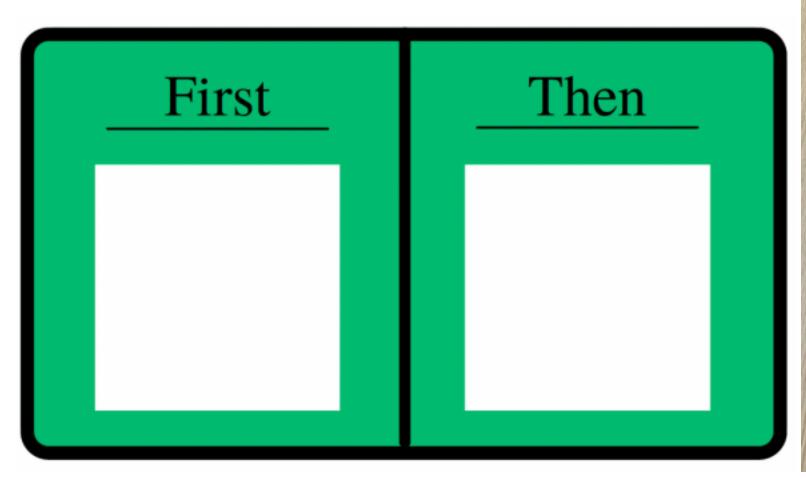
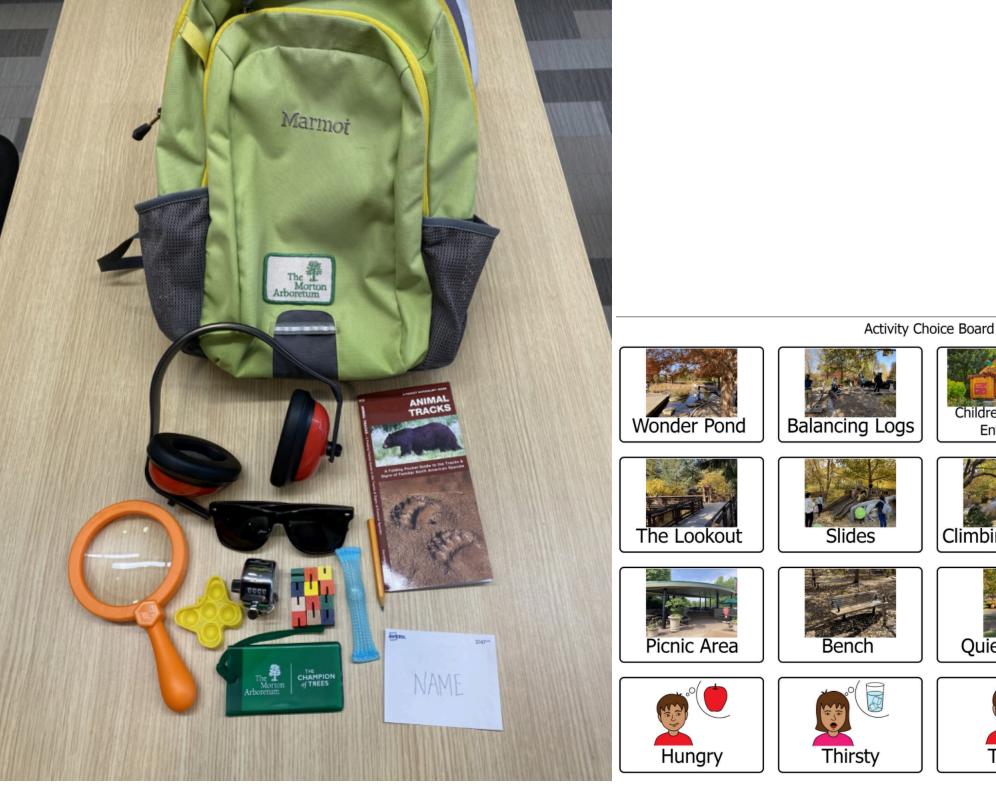
My Visit to the Children's Garden at The Morton Arboretum

I will be visiting the Children's Garden at The Morton Arboretum. I am going to play outside and explore nature.



I can borrow a Sensory Bag at the Visitor
Center or by asking someone who wears a
name tag. The Sensory Bag has
headphones, fidget tools, and other things I
can use to feel calm if I am overwhelmed in
the Children's Garden.





Kugel Ball

Frog Fountain

Bathroom

Home

Climbing Acorn

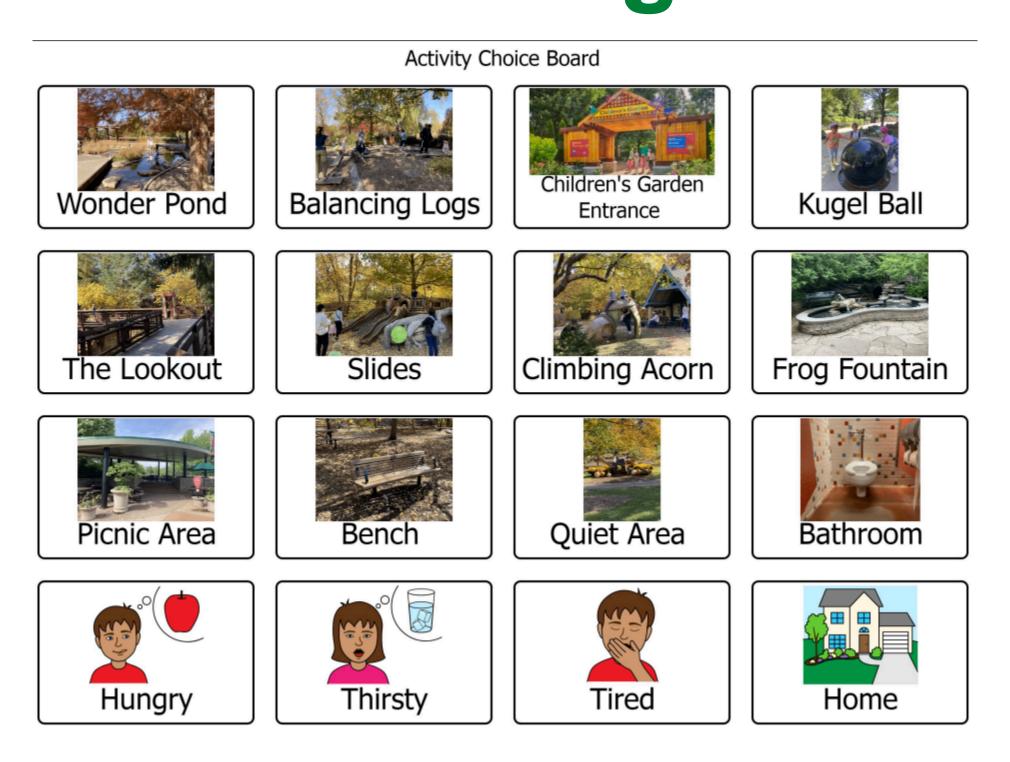
Quiet Area

Tired

When I arrive, someone who works or volunteers at the Children's Garden may welcome my group at the entrance. If I need help or get separated from my group, I can ask someone with a name tag for help.



I can look at the map of the Children's Garden or use the activity choice board in the Sensory Bag to help me decide where I want to go.





Some parts of the Children's Garden may be closed for winter. That is okay, I still have much to explore.



While exploring the Children's Garden, I can walk on different textures of the ground, like grass with leaves, sidewalk, boardwalk, and woodchips.



I can see many leaves on the ground. If I want, I can make a pile and jump in it.



I can go down slides and climb tree roots. I can wait for my turn if other children want to use the slide, too.



I can use the bathrooms in the Children's Garden. They are located right by the picnic tables.



I can balance myself on large planks. I can try to move the logs myself or ask for help if they are too heavy.



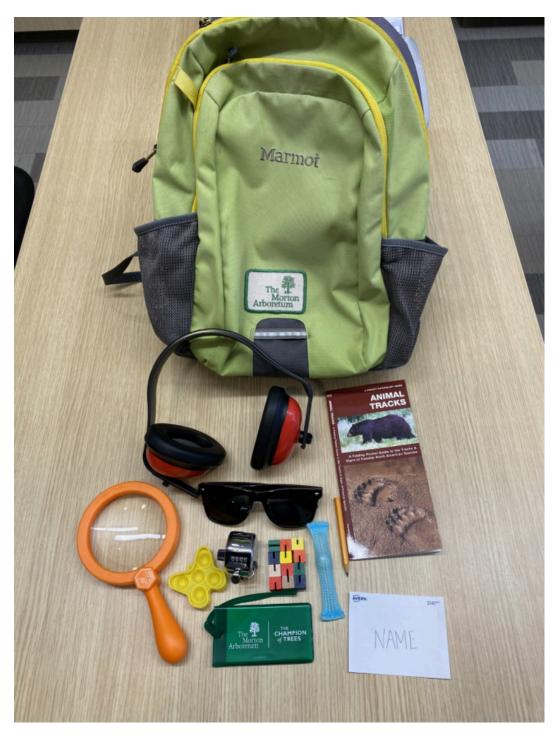
If I get hungry, I can have a snack and warm up in the Visitor Center or go to the picnic area.





If I need a break, I can find a quieter area of the Children's Garden and rest on a bench. I can use my headphones or other calming tools.





When my visit is over, I will leave the Children's Garden with my group and return my Sensory Bag to someone with a name tag. I had a great day exploring nature! Knowing what to expect made my visit fun and easy.

