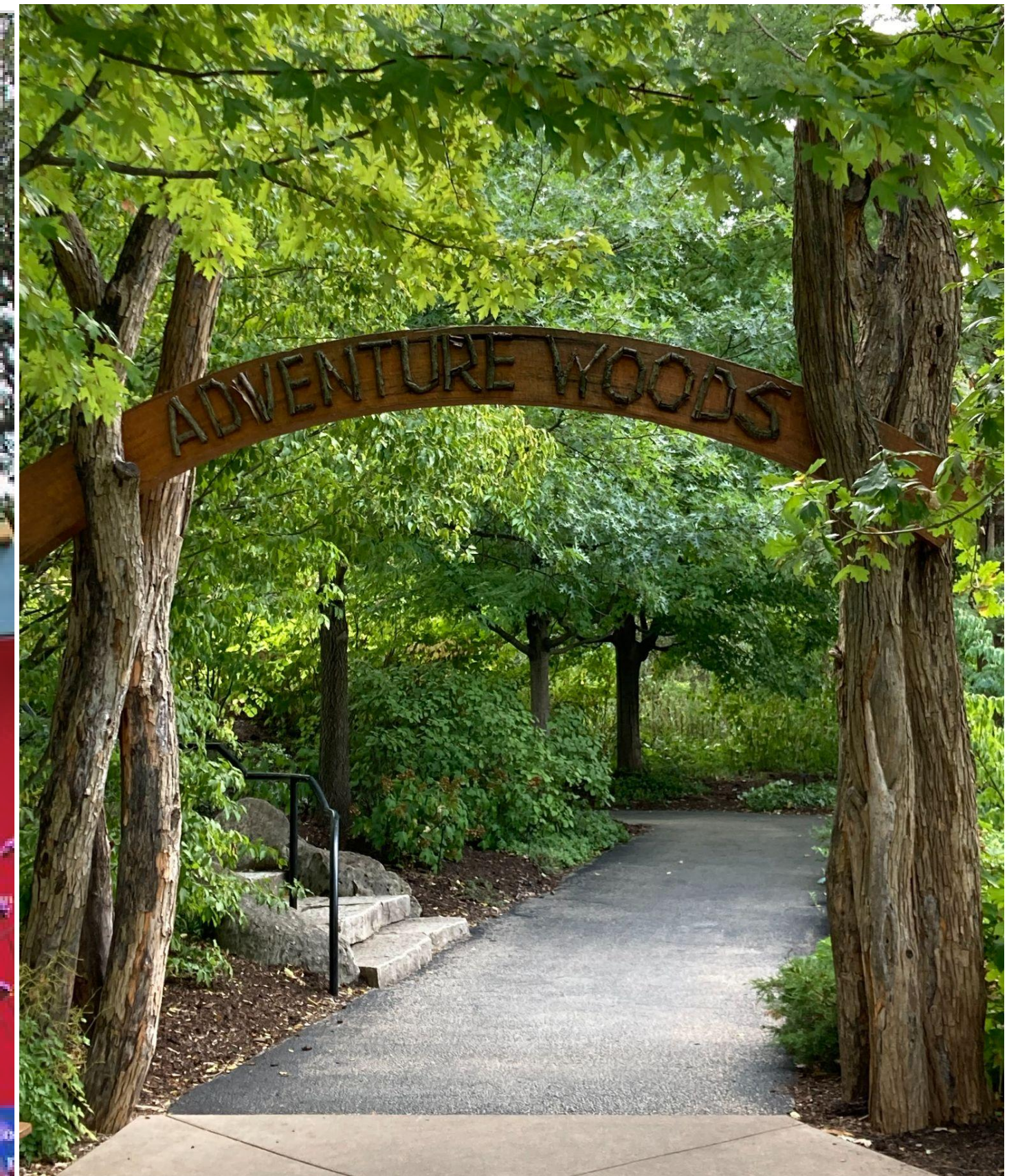


My Visit to the
Children's Garden at
The Morton
Arboretum

I will be visiting the **Children's Garden** at The Morton Arboretum. I am going to **play outside** and **explore nature**.



I can borrow a **Sensory Bag** at the Visitor Center or by asking someone who wears a name tag. The **Sensory Bag** has headphones, fidget tools, and other things I can use to feel calm if I am overwhelmed in the Children's Garden.



First	Then
<input type="text"/>	<input type="text"/>

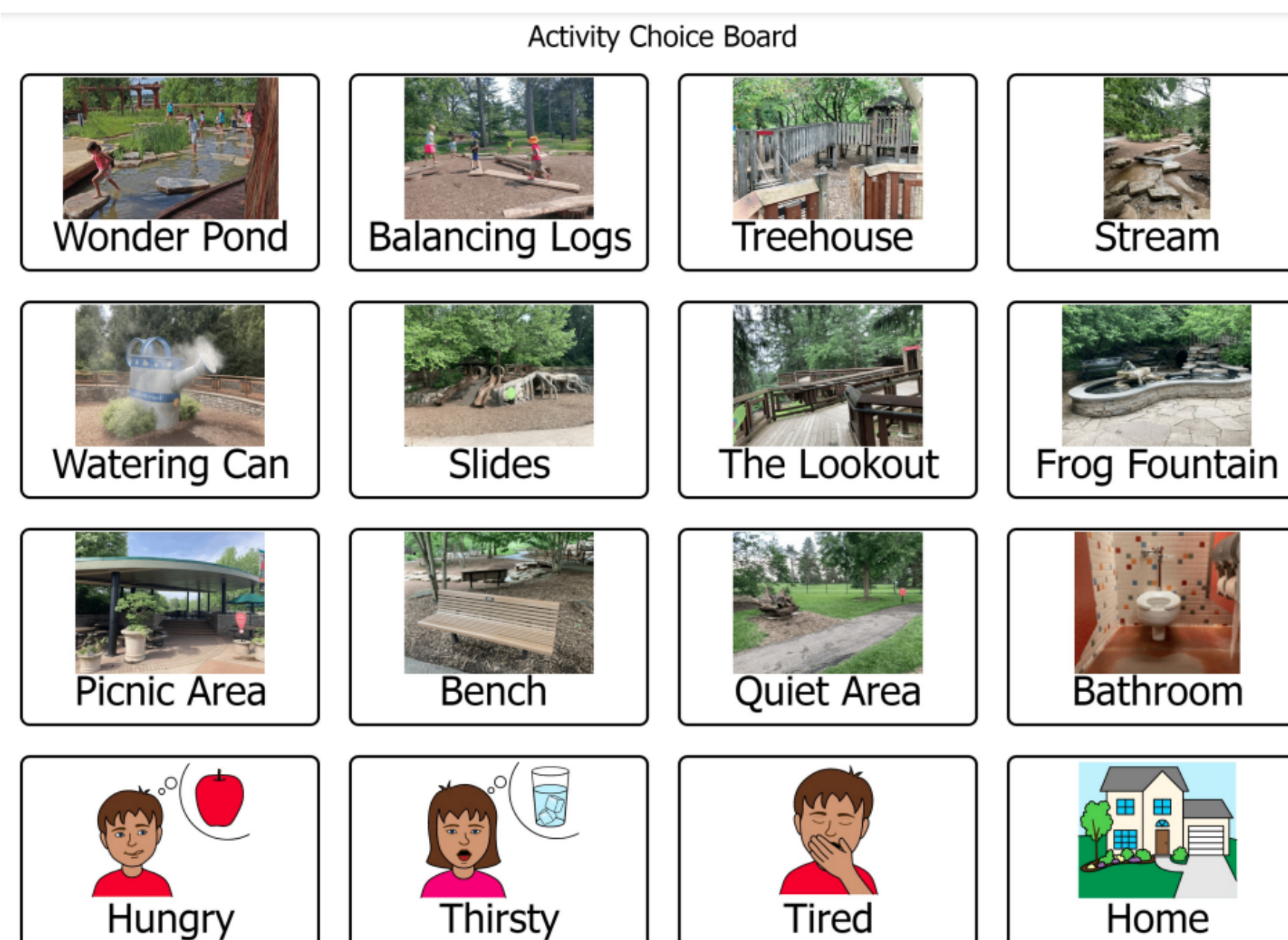
Activity Choice Board

Wonder Pond	Balancing Logs	Treehouse	Stream
Watering Can	Slides	The Lookout	Frog Fountain
Picnic Area	Bench	Quiet Area	Bathroom
Hungry	Thirsty	Tired	Home

When I arrive, someone who **works or volunteers** at the Children's Garden may **welcome my group at the entrance**. If I need help or get separated from my group, I can ask someone with a **name tag** for help.



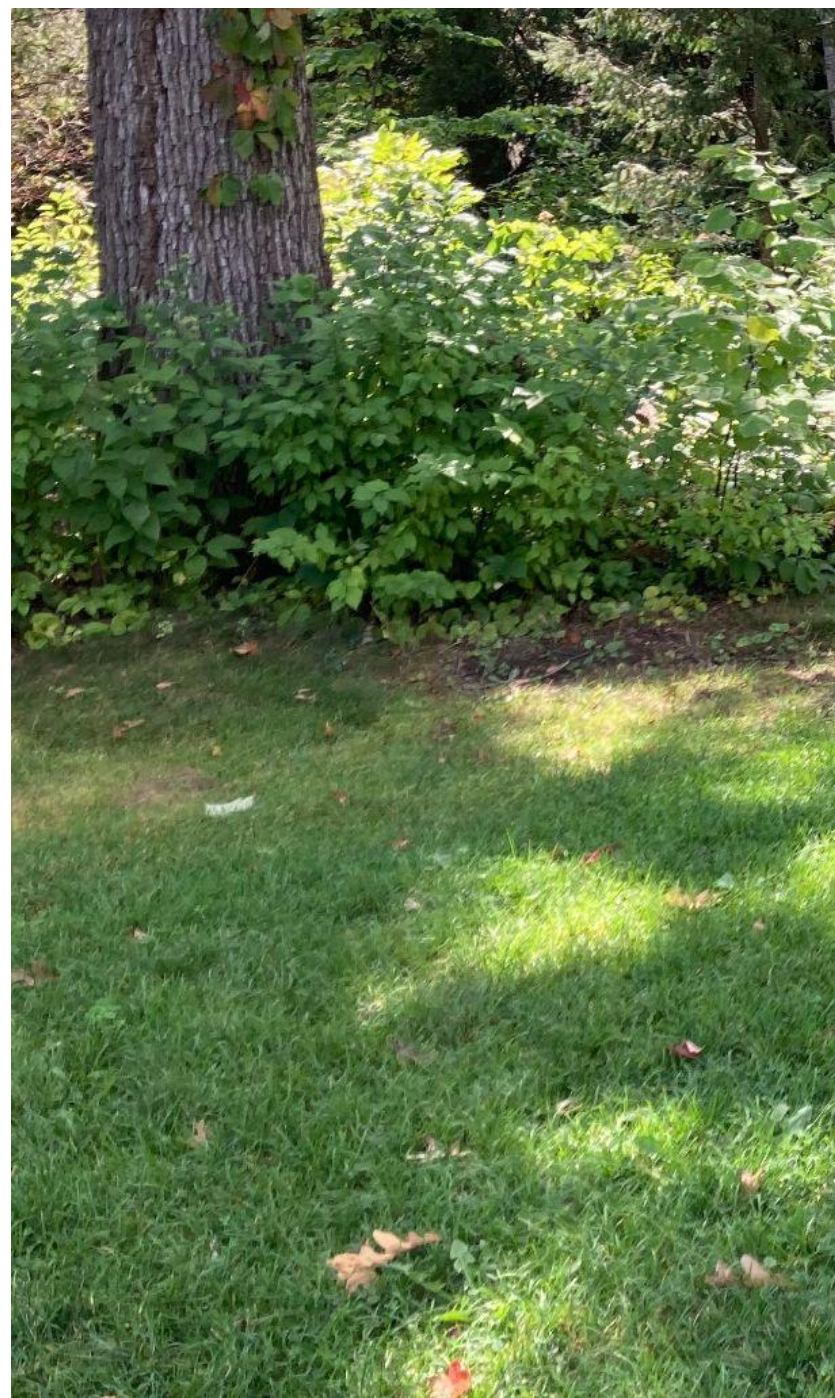
I can look at the **map** of the **Children's Garden** or use the **activity choice board** in the **Sensory Bag** to help me decide where I want to go.



One of the first things I will see is a **large marble ball** with water running down the sides. I can **touch** this ball if I want to **feel the cool water on my hands.**



While exploring the Children's Garden, I can walk on different surfaces of the ground, like grass, sidewalk, boardwalk, wood chips, and water.



The Children's Garden has more areas where I can feel the water with my hands or feet. Other children may be playing here, as well. I can join them or I can wait until it's quieter.



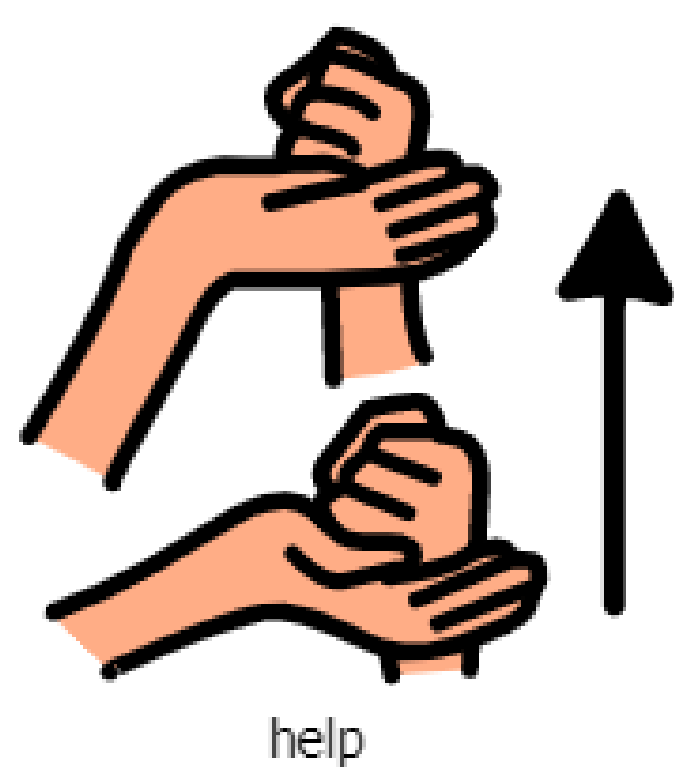
I can go down slides and climb tree roots. I can wait for my turn if other children want to use the slide, too.



I can **use the bathrooms** in the Children's Garden. They are located right by the picnic tables.



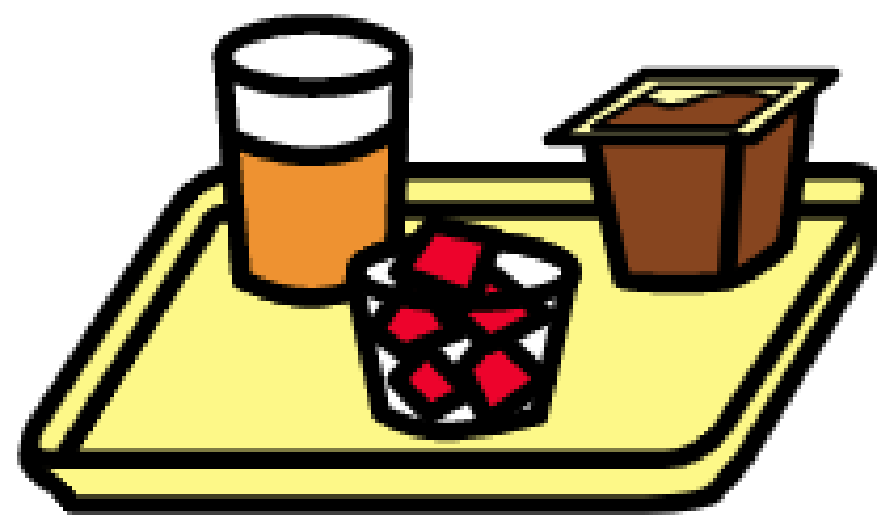
I can **balance** myself on large planks. I can try to **move the logs myself** or **ask for help** if they are too heavy.



I can go on **rope bridges** and **find tree houses** up in the trees. Other children may come behind me, but **I can take my time** to get to the other side.



If I get **hungry**, I can **have a snack** in the picnic area or the **Visitor's Center**.



snack



If I need a break, I can find a quieter area of the Children's Garden and rest on a bench. I can use my headphones or other calming tools.



When my **visit is over**, I will **leave** the **Children's Garden** with my group and **return** my **Sensory Bag** to someone with a name tag. I had a great day exploring nature! Knowing what to expect made my visit **fun** and **easy**.

